



## COVID-19 RESPONSE COMMUNITY RESOURCES

These resources are available for those affected by the recent COVID-19. All the below resources are available for free or sliding scale to residents in the zip codes of 63108, 63110 and 63113.

Park Central staff are available to assist residents in connecting with services through our Community Resource Counseling Program. Please contact Nanyamka, Resource Specialist at **314-643-8261** (M-F 9-5pm) or e-mail at [NBrown@pcd-stl.org](mailto:NBrown@pcd-stl.org).

<b>CRISIS HOTLINE</b>		
BHR	314-469-6644	Behavioral Health Crisis; mental health assessments
MO-Child Abuse	1-800-392-3738	To report suspected child abuse
MO Elderly/Disabled hotline	1-800-392-0210	To report suspected elderly abuse
Safe Connections	314-531-2003	Emergency hotline for domestic violence cases; potential therapy
National Domestic Violence Hotline	1-800-799-7233	Domestic violence hotline
Crisis Nursery	314-768-3201	24-hour helpline crisis intervention for families
Life Crisis Help Service	314-647-4357	Behavioral Health Crisis; mental health assessments
Crisis Text Line	Text START to 741-741	Text service for people in crisis
Childcare- Limited	<a href="mailto:stlouis-help@hcwchildcarecoop.com">stlouis-help@hcwchildcarecoop.com</a>	Temporary assistance during the COVID emergency.
COVID-19	1-877-435-8411	State of Missouri /For general questions regarding COVID-19
<b>EDUCATIONAL WEBSITES FOR CHILDREN</b>		
The Khan Academy	<a href="https://www.khanacademy.org/signup">https://www.khanacademy.org/signup</a>	Classes for all academic courses
Cool Math	<a href="https://www.coolmathgames.com/">https://www.coolmathgames.com/</a>	Math classes for all grade levels
ABCmouse.com/redeem	Redeem code: SCHOOL7771	Preschool-2 <sup>nd</sup> grade
Scholastic	<a href="http://teacher.scholastic.com/education/">http://teacher.scholastic.com/education/</a>	Day by day projects to keep kids learning and reading
<b>EMPLOYMENT</b>		
Amazon	<a href="https://www.amazondelivers.jobs/?cupid=PRPRLC0780H6">https://www.amazondelivers.jobs/?cupid=PRPRLC0780H6</a>	Start as soon as 7 days. No resume or previous work experience required
<b>FOOD</b>		
Hunger Hotline	314-726-5355	Resources for emergency food in your area
Food Stamps/SNAP Program	Info line: 1-855-373-4636	
West Side Missionary Baptist Church	4675 Page Blvd. 63113 314-535-9002	Food pantry Thursdays 11am-1pm *Bring ID
Meals on Wheels	314-374-9549	Seniors and Disabled adults
Area of aging	314-612-5918	Seniors and Disabled adults
Mullanphy ILC Elementary School	4221 Shaw Blvd Hours: 8am-10am 12pm-2pm	March 23-April 3
Peabody Elementary	1224 S 14 <sup>th</sup> Street	(March 16-20). Hours: 11am-1230pm lunch 4pm-530pm snack *free for children / \$1 for adults 19+ 3/23 - 4/3, M-F
Fields Foods	1500 Lafayette Ave 63104	7am-8am shopping reserved for customers over 60
Schnucks	4171 Lindell Blvd 63108	6-7am shopping reserved for seniors 8am-8pm public shopping.



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<b>INTERNET</b>		
Spectrum	1-844-488-8398/ 1-844-488-8395	Free internet for 60 days if you live in a household with a K-12 or college student
Comcast	1-800-934-6489	New customers will receive 60 days of complimentary Internet Essentials service, which is normally available to all qualified low-income households for \$9.95/month.
<b>PHARMACY-DELIVERY</b>		
Gateway Pharmacy	314-381-1818	Free medication delivery
Forest Park Pharmacy	314-645-9990	Free medication delivery
<b>SENIORS</b>		
Jewish Family Services	Age: 60+ <b>Homemaker chore services</b> 20 hours per week of assistance with meal preparation, laundry, personal care, transportation, shopping/errands, and light housekeeping. *sliding fee scale ElderLink for more information at 314-812-9300.	Fall risk prevention and personal Home Visits, in-home assessments. Home Safety Inspections-Balance and Walking Assessments Connection to Community Resources Review of Medications. To schedule a free in-home assessment contact Ken at 314-812-9320.
<b>TRANSPORTATION</b>		
City Seniors	314-352-0141 (63108)	Doctors' appointments and grocery tips only .60 +Disabled adults 40-59. *suggested contribution \$6
Logistic Care (Medicaid Transportation)	1-866-269-5927	Doctor appointments only / Medicaid insurance. Call 5 calendar days before your appointment
Call A Ride	<a href="https://www.metrostlouis.org/metro-call-a-ride/">https://www.metrostlouis.org/metro-call-a-ride/</a> 314-982-1510	If you're not ADA-eligible or you're not taking an ADA-mandated trip, you can still use Metro Call-A-Ride to travel but you'll be charged non-ADA rates
<b>UTILITIES</b>		
Ameren	1-800-552-7583	Suspending disconnects and forgiving late payment fees
Spire	1- 800-887-4173	Suspending disconnects and late fees until May 1 <sup>st</sup>
City of St Louis – Parking Enforcement	Parking meters in the city will be free and no parking tickets will be written through April 6. All deadlines for paying parking fines will be delayed through April 15, in-person hearings for parking tickets will be rescheduled,	Parking tickets will be suspended in St. Louis during the response to the Covid-19 pandemic.
City of St Louis – Water Division	314-771-2255	No water shutoffs
United Way	211/ 1-800-427-4636	Resource hotline